

# DynaMed®

Acceso rápido a las evidencias en el punto de atención al paciente

<https://bibliotecahuca.com>

Responsable Biblioteca Área Sanitaria IV. HUCA  
Carolina Pinín Osorio



## Un reto importante: ¿Como mantenerse actualizado?

Con las publicaciones científicas

Conociendo cuándo y dónde se producen cambios en la práctica clínica

Con las últimas *guidelines*

Con los fármacos recién incorporados al mercado y aquellos que son retirados

Problema: se publica demasiada información.

## [ The reality of clinical information overload ]



**50 Million**  
medical and scientific  
publications are available in  
public databases



One new medical or scientific  
publication occurs every  
**30 Seconds**



**7,000 Publications**  
may be yielded from PubMed  
searches for commonly  
encountered clinical problems



**18 Patients**



**44 Diagnoses**



**3,679 pages**  
of national guidelines



**122 hours**  
of reading



Clinicians can't  
easily navigate  
to the nugget of  
information they need



Clinicians want to provide  
care based on the  
**best available  
evidence**



**One expert**  
can no longer  
know all



Knowledge is growing at an  
**unprecedented  
rate**

## DynaMed: nos ayuda



### Contenido basado en evidencias

Sumarios clínicos, información detallada & acceso a los textos completos



### Acceso desde cualquier sitio, a cualquier hora

Dentro de la institución

app DynaMed (permite acceso sin internet)

Acceso remoto a través de una cuenta personal



### Funcionalidades principales

Crear alertas para temas/especialidades

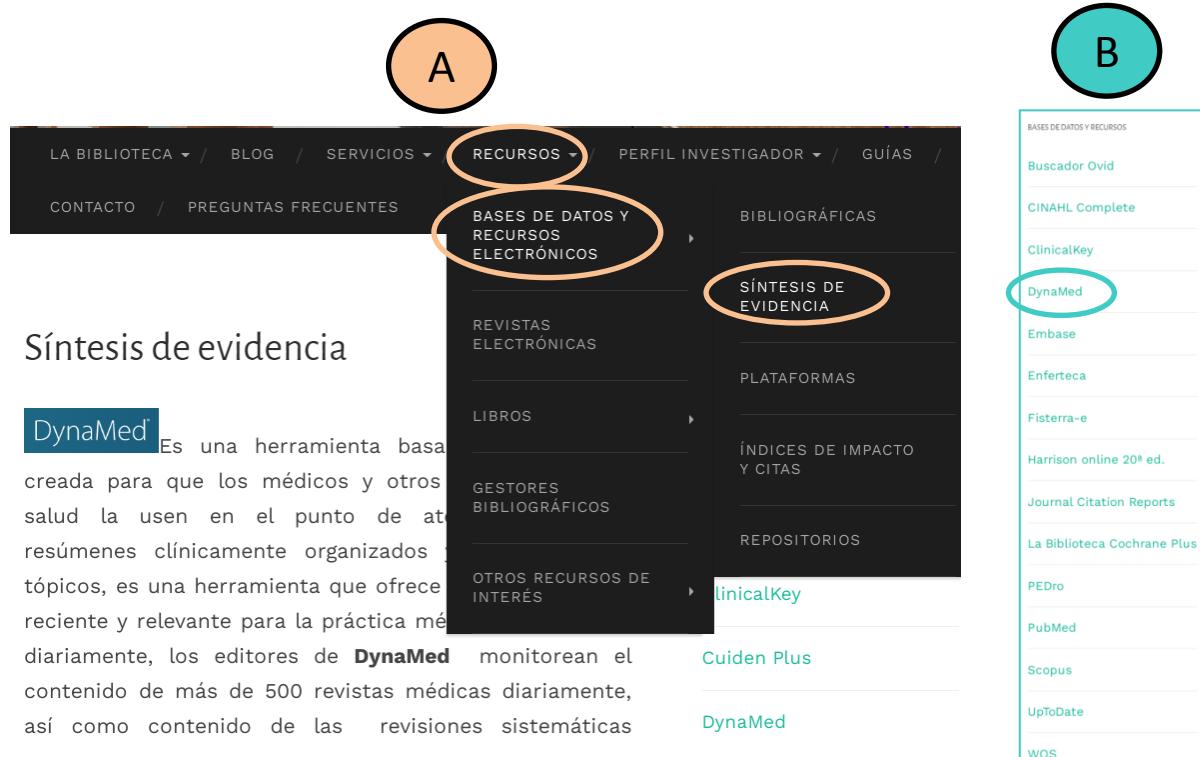
CME

## Acceso a DynaMed desde la página de la Biblioteca

<https://bibliotecahuca.com>

Hay dos opciones:

- A) Desde la pestaña “Recursos”-“Bases de datos y recursos electrónicos”-“Síntesis de evidencia”, o
- B) Desde la barra lateral



A

B

LA BIBLIOTECA / BLOG / SERVICIOS / RECURSOS / PERFIL INVESTIGADOR / GUÍAS /  
CONTACTO / PREGUNTAS FRECUENTES

RECURSOS

BASES DE DATOS Y RECURSOS ELECTRÓNICOS

SÍNTESIS DE EVIDENCIA

REVISTAS ELECTRÓNICAS

LIBROS

GESTORES BIBLIOGRÁFICOS

OTROS RECURSOS DE INTERÉS

BIBLIOGRÁFICAS

PLATAFORMAS

ÍNDICES DE IMPACTO Y CITAS

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Cuiden Plus

DynaMed

WOS

BASES DE DATOS Y RECURSOS

Buscador Ovid

CINAHL Complete

ClinicalKey

DynaMed

Embase

Enferteca

Fisterra-e

Harrison online 20<sup>th</sup> ed.

Journal Citation Reports

La Biblioteca Cochrane Plus

PEDro

PubMed

Scopus

UpToDate

## Página principal: búsqueda por especialidad o palabras clave en diferentes idiomas

DynaMed



CME

Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About



English

Search



### Recent Alerts

Follow your specialty and individual topics to personalize alerts.

All | Potentially Practice-Changing Only

Evidence • Updated 10 Oct 2022

female sex associated with increased in-hospital mortality and lower rates of intervention in patients with acute myocardial infarction and cardiac arrest (Resuscitation 2022 Mar)

View in Acute Coronary Syndromes

Evidence • Updated 10 Oct 2022

tumor 0.1-2 mm from ink margin after breast conserving surgery associated with increased risk of distant recurrence compared to > 2-mm margin in female patients with stage I-III breast cancer (BMJ 2022 Sep 21)

View in Locoregional Therapy for Early and Locally Advanced Breast Cancer



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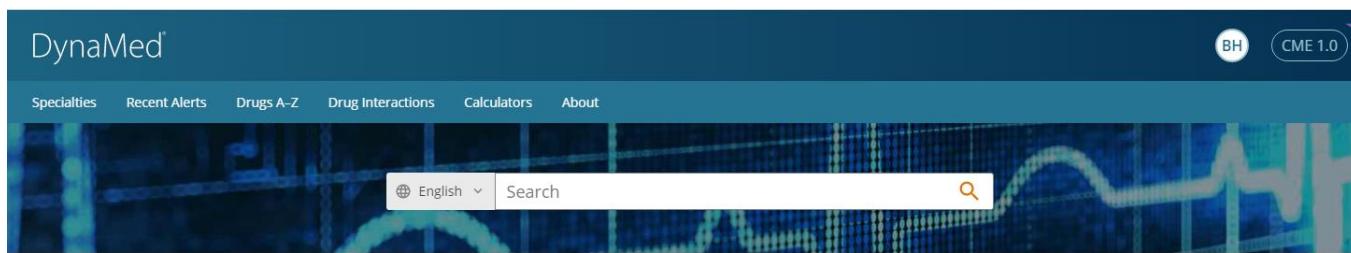
Your access courtesy of CONSEJERÍA SALUD DEL PRINCIPADO DE ASTURIAS

### Announcements

EBSCO Wins Frost & Sullivan Award

Our clinical decision products have been awarded the **2022 North America Product Leadership Award** from Frost & Sullivan. [Read the press release](#)

## Página principal: opciones disponibles



### Recent Alerts

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**FOLLOWED** ALL TOPICS

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Guideline Notation • Updated 13 Sep 2022

American Academy of Allergy, Asthma, and Immunology (AAAAI) work group report on electronic cigarettes and their impact on allergic respiratory diseases (Curr Probl Pediatr Adolesc Health Care 2022 Jun)

View in Vaping

Evidence • Updated 8 Aug 2022

early regular use of skin emollients beginning at age 2 weeks may not decrease risk of food allergy at age 3 years (Lancet 2022 Jun 25)

View in Immunoglobulin E (IgE)-mediated Food Allergy

Evidence • Updated 8 Aug 2022

early complementary feeding of peanut, cow's milk, egg, fish, shellfish, and soy may decrease risk of food allergy at age 3 years (Lancet 2022 Jun 25)

View in Immunoglobulin E (IgE)-mediated Food Allergy

Actualización de los temas seguidos o de todos

Ver solo los que presentan un mayor dinamismo práctico

Tipo de documento y fecha de actualización

### My Continuing Education

Biblioteca HUCA

Available CME/CPD/CE Credits: 1.0

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### Announcements

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Monkeypox: The Latest

[Read about monkeypox](#), including the 2022 outbreaks, clinical criteria for diagnosis, lesion progression (includes images), and more.

NEW 'COVID-19 Infection Control and Prevention'

Open-Access Topic

Crear una cuenta y consultar los Créditos de Educación Médica Continuada (CME)

Reclamar CME

Noticias generales

## Crear una cuenta

DynaMed

Specialties   Recent Alerts   Drugs A-Z   Drug Interactions   Calculators   About

English ▾

Search



CME

Pinche en *sign in* si  
está registrado o  
en *create account*  
para cumplimentar  
el registro



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Your Information

First Name

Last Name

Specialty

 Choose a specialty

Role

 Choose a role

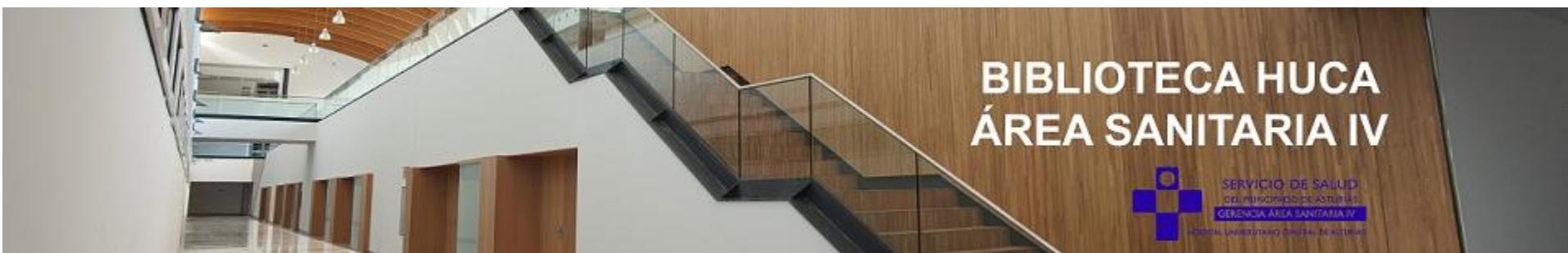
Please read and agree to our [Terms of Use](#)

I have read and agreed to all provisions outlined in the Terms of Use.

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Rellene con sus  
datos y pinche en  
*register*



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## Búsquedas: SEARCH FOR

BH CME 1.0

[Specialties](#) [Recent Alerts](#) [Drugs A-Z](#) [Drug Interactions](#) [Calculators](#) [About](#)

English ▾

allergic

x

🔍

GO TO

[Allergic and Asthmatic Reactions to Food Additives](#)

[Allergic Bronchopulmonary Aspergillosis](#)

[Allergic Conjunctivitis](#)

[Allergic Reactions to Local Anesthetics](#)

[Allergic Reactions to Vaccines](#)

SEARCH FOR

[allergic rhinitis](#)

[allergic reaction](#)

[allergic reaction treatment](#)

[allergic conjunctivitis](#)

[allergic rhinitis in children](#)

Continuing Education

a HUCA

Available CME/CPD/CE Credits: 1.0

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Accomplishments

Wins Frost & Sullivan Award

decision products have been awarded the 2022

**America Product Leadership Award** from Frost &

Read the press release

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clinical criteria for diagnosis, lesion progression (includes

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FOLLOWED ALL TOPICS  
All | Potentially Practice-Changing Only

SEARCH FOR: te muestra  
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Impact on allergic respiratory diseases (Currr Probl Pediatr Adolesc Health Care) (AAAI) wo

View in Vaping

Evidence • Updated 8 Aug 2022

early regular use of skin emollients beginning at age 2 weeks may n  
2022 Jun 25)

View in Immunoglobulin E (IgE)-mediated Food Allergy

Evidence • Updated 8 Aug 2022



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DynaMed

BH CME 1.5

Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About

Muestra todos los resultados sobre el tema

SEARCH RESULTS

## allergic rhinitis

**ALL (106)**

**Narrow Results**

**CONTENT TYPE**

- Approach To Patient (7)
- Condition (43)
- Drug Monograph (40)
- Drug Review (2)
- Lab Monograph (1)
- Other (13)

**CONDITION**

### Allergic Rhinitis

Review of rhinitis symptoms (nasal congestion, rhinorrhea, sneezing, itching) due to immunoglobulin E mediated response.

**MANAGEMENT**

### Sublingual Immunotherapy

Review of sublingual immunotherapy (SLIT), which is given in tablet or liquid form and held under the tongue for 1-2 minutes.

**CONDITION**

### Asthma in Adults and Adolescents

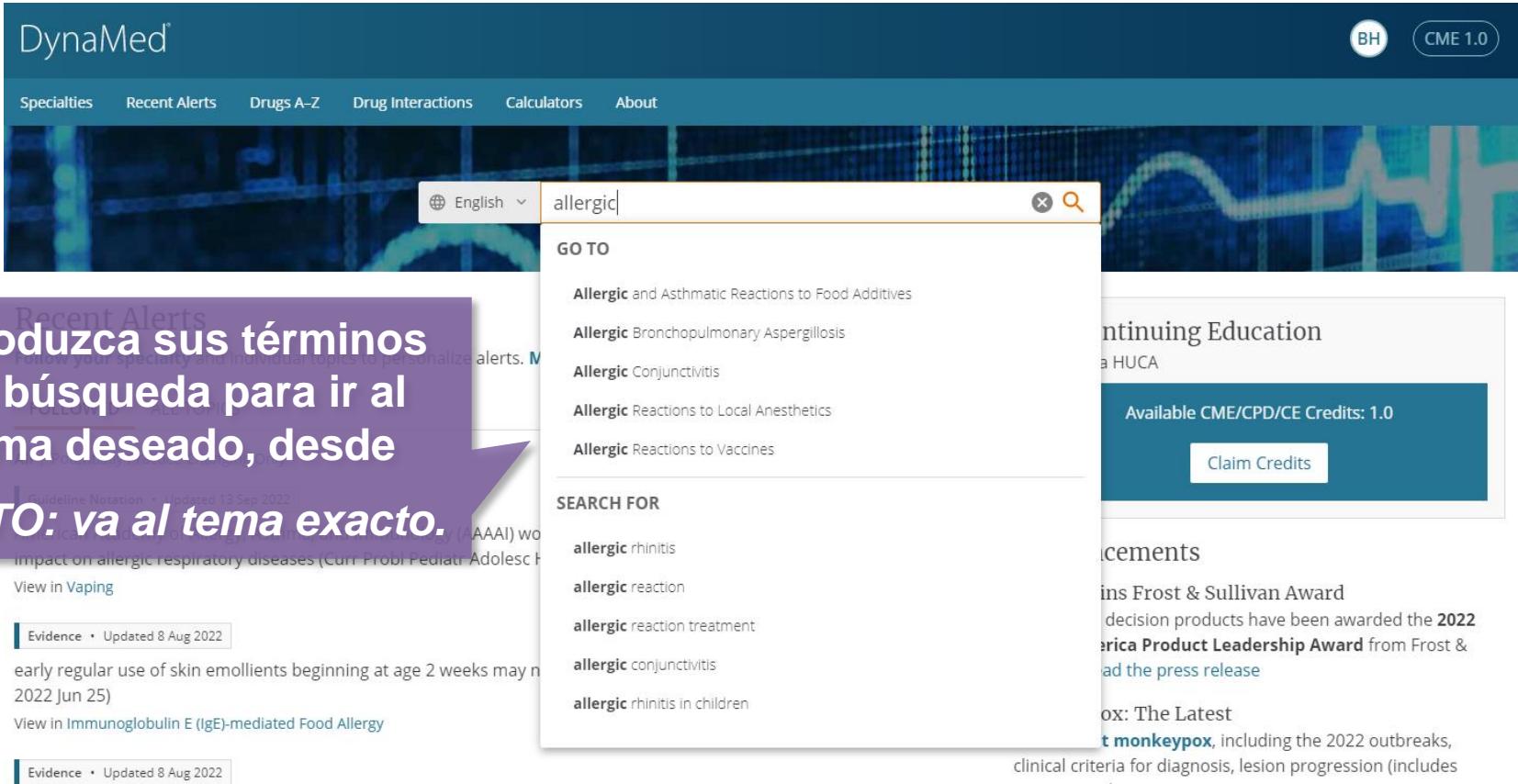
A chronic inflammatory disorder of the airways with symptoms related to limited airflow that can be reversed.

**CONDITION**

### Atopic Dermatitis

Atopic dermatitis, also known as atopic eczema, is a chronic, relapsing, inflammatory skin disease.

## Búsquedas: GO TO



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Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About

English ▾

allergic

GO TO

- Allergic and Asthmatic Reactions to Food Additives
- Allergic Bronchopulmonary Aspergillosis
- Allergic Conjunctivitis
- Allergic Reactions to Local Anesthetics
- Allergic Reactions to Vaccines

SEARCH FOR

- allergic rhinitis
- allergic reaction
- allergic reaction treatment
- allergic conjunctivitis
- allergic rhinitis in children

Recent Alerts

Introduzca sus términos de búsqueda para ir al tema deseado, desde GO TO: va al tema exacto.

Continuing Education

Available CME/CPD/CE Credits: 1.0

Claim Credits

Guideline Notation • Updated 13 Sep 2022

Impact of electronic cigarette use by (AAAI) without impact on allergic respiratory diseases (Curr Opin Pediatr Adolesc Health)

View in Vaping

Evidence • Updated 8 Aug 2022

early regular use of skin emollients beginning at age 2 weeks may not reduce the risk of eczema in children (J Allergy Clin Immunol)

View in Vaping

Evidence • Updated 8 Aug 2022

monkeypox: The Latest

monkeypox, including the 2022 outbreaks, clinical criteria for diagnosis, lesion progression (includes images), and more

## Funcionalidades de la búsqueda

DynaMed

### Fácil navegación

Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About

Allergic Rhinitis

TOPIC IMAGES (3) UPDATES

#### Overview and Recommendations

Background

Evaluation

Management

Related Topics

#### General Information

Epidemiology

#### Etiology and Pathogenesis

#### History and Physical

#### Diagnosis

#### Management

#### Complications

Prognosis

#### Prevention and Screening

#### Quality Improvement

#### Guidelines and Resources

Patient Decision Aids

Patient Information

#### References

### Overview and Recommendations

#### Background

- Allergic rhinitis is a common Type I hypersensitivity response of the upper respiratory tract to seasonal and perennial aeroallergens, usually resulting in recurrent nasal congestion, rhinorrhea, sneezing, and mucosal itching of the nose, eyes, ears, and palate.

### Secciones dentro del tema: panorama y recomendaciones

- sneezing, congestion, and rhinorrhea which may follow a seasonal pattern or be triggered by exposure to animals, dust, or other environmental factors
  - enlarged, pale or bluish boggy nasal mucosa, nasal polyps, allergic shiners (dark areas under eyes from venous stasis), and postnasal drip
- Diagnosis** is usually made clinically based on history, physical, and exposure to aeroallergens.
- Perform testing to identify specific triggers when considering immunotherapy (**Strong recommendation**), or if the diagnosis is uncertain. Testing options include **skin testing** (preferred) or **serum IgE allergen testing** (**Weak recommendation**).
- Nasal smears** for eosinophils are not recommended unless the clinical history, physical exam, and IgE studies are inconclusive.

Imprimir, seguir, citar  
o compartir

Autores y editores

#### TOPIC EDITOR

Wei Wei Li MD

#### RECOMMENDATIONS EDITOR

Zbys Fedorowicz MSc, DPH, BDS, LDSRCS

#### DEPUTY EDITOR

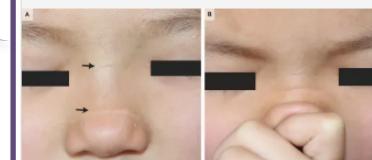
Vito Iacoviello MD, FIDSA

Produced in collaboration with American College of Physicians



#### Images

All (3)



Enviar comentarios

Find on Page

Feedback

## Actualizaciones



DynaMed®

Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About

TOPIC IMAGES (3) UPDATES

Allergic Rhinitis

Drug/Device Alert • Updated 27 Jan 2022

intranasal olopatadine hydrochloride/mometasone furoate monohydrate (Rynacode) approved for seasonal allergic rhinitis symptoms in patients ≥ 12 years old (FDA Label 2022 Jan)

View in topic

Drug/Device Alert • Updated 25 Jun 2021

azelastine (Astropel) 0.15% nasal spray receives FDA approval for switch from prescription to nonprescription status for treatment of perennial and seasonal allergic rhinitis in adults and children ≥ 6 years old (FDA Press Release 2021 Jun 17)

View in topic

Evidence • Updated 13 Apr 2021

as-needed and continuous fluticasone furoate use associated with similar symptom improvement at 5 weeks in adults with moderate-to-severe perennial allergic rhinitis (J Allergy Clin Immunol Pract 2021 Mar)

View in topic

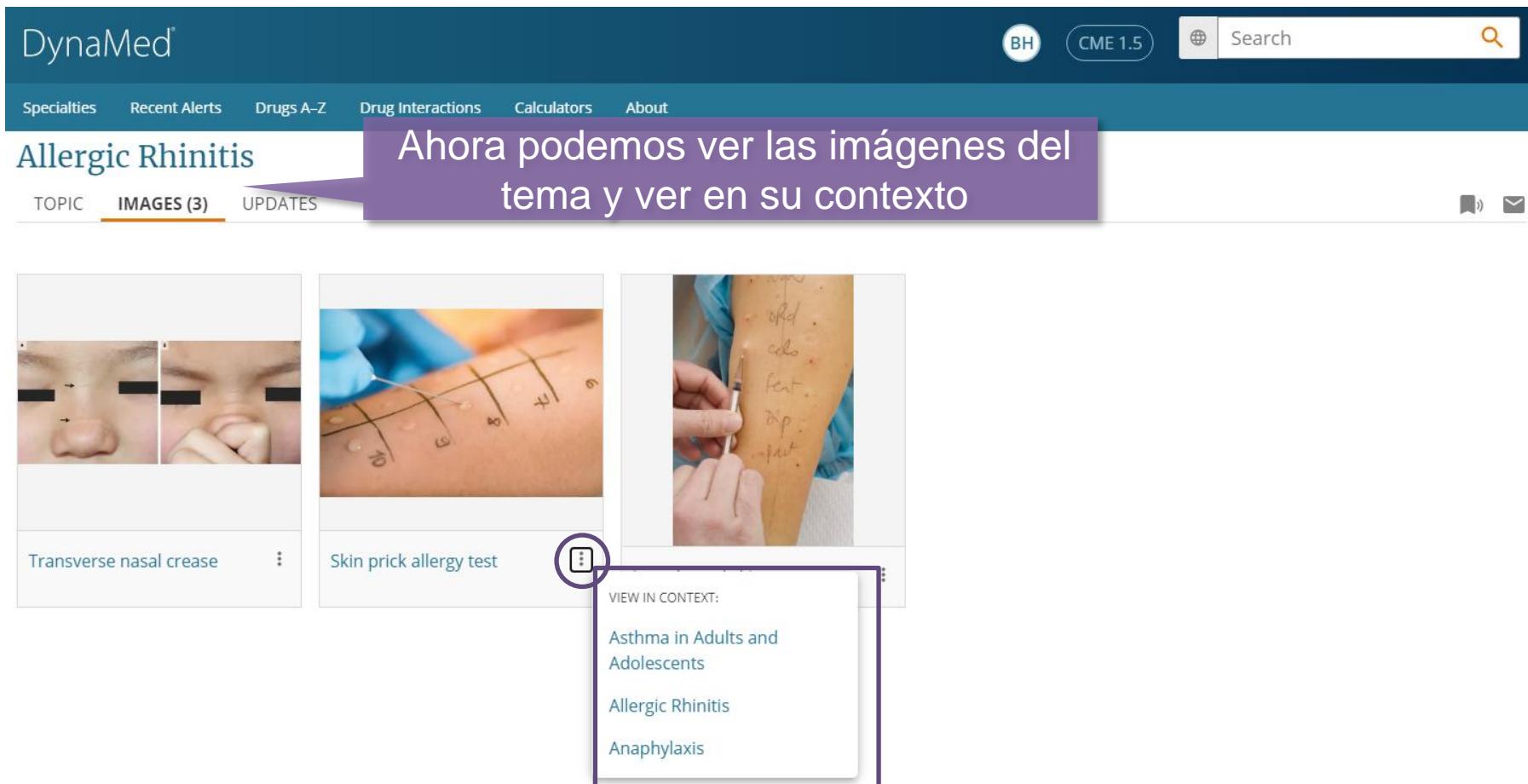
Drug/Device Alert • Updated 5 Apr 2021

FDA warns of increased reports of abuse and misuse of nonprescription propylhexedrine (Benzedrex) (FDA Safety Communication 2021 Mar 25)

View in topic

Podemos ver las actualizaciones del tema

## Imágenes



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Specialties Recent Alerts Drugs A-Z Drug Interactions Calculators About

Allergic Rhinitis

TOPIC IMAGES (3) UPDATES

Ahora podemos ver las imágenes del tema y ver en su contexto

Transverse nasal crease

Skin prick allergy test

VIEW IN CONTEXT:

- Asthma in Adults and Adolescents
- Allergic Rhinitis
- Anaphylaxis



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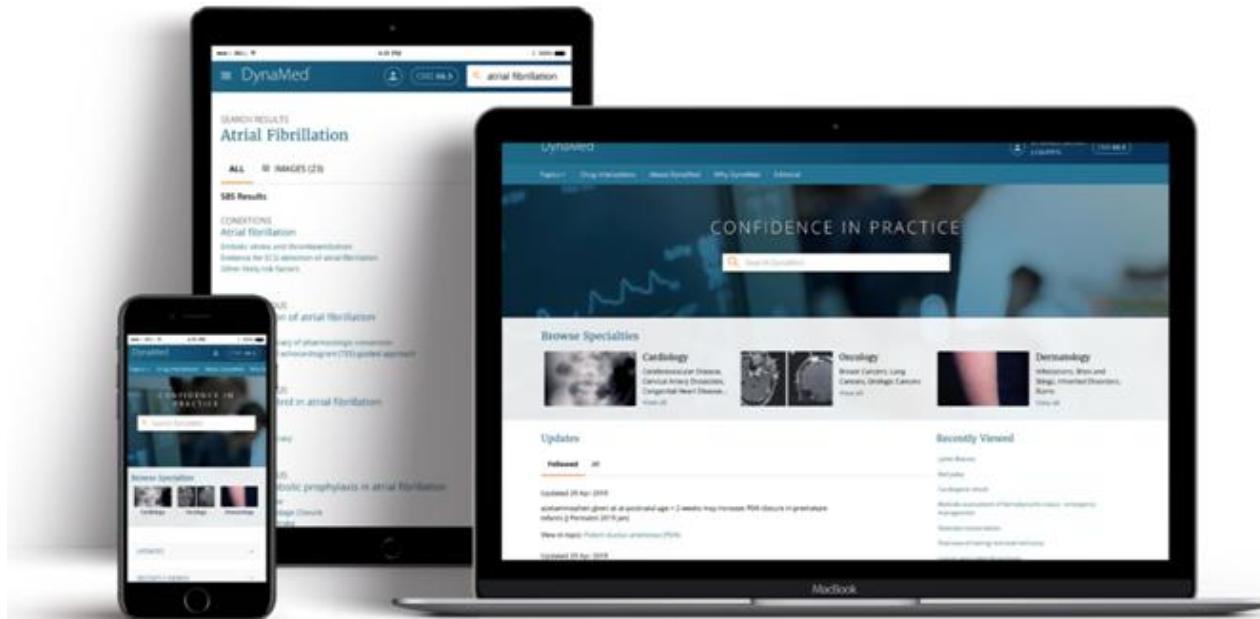


# Alertas

The screenshot shows the DynaMed website for 'Allergic Rhinitis'. The top navigation bar includes links for Specialties, Recent Alerts, Drugs A-Z, Drug Interactions, Calculators, and About. A purple callout box on the right says 'Tenemos varias opciones para recibir las actualizaciones'. The main content area has tabs for TOPIC, IMAGES (3), and UPDATES. On the left, there's a sidebar with sections like Overview and Recommendations, General Information, Epidemiology, Etiology and Pathogenesis, History and Physical, Diagnosis, Management, and Complications. A central modal window titled 'Follow' asks 'Get alerts when there are significant updates to this content.' with three options: 'All Email Alerts', 'Only Potentially Practice-Changing Email Alerts', and 'No email, please. Just show me alerts on DynaMed.'. The right side features author information (Wei Wei Li MD, Zbys Fedorowicz MSc, DPH, BDS, LDSRCS, Vito Iacoviello MD, FIDSA) and a logo for the American College of Physicians (ACP). A search bar and CME 1.5 badge are also visible.

# Como descargar la App?

Es necesario tener creada una cuenta



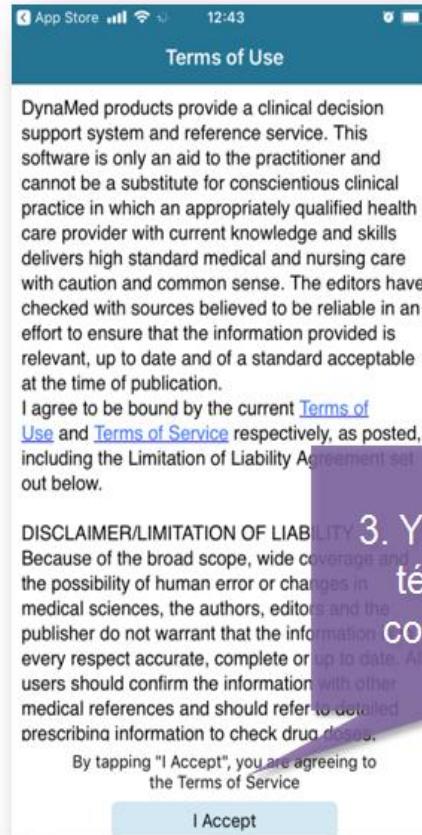
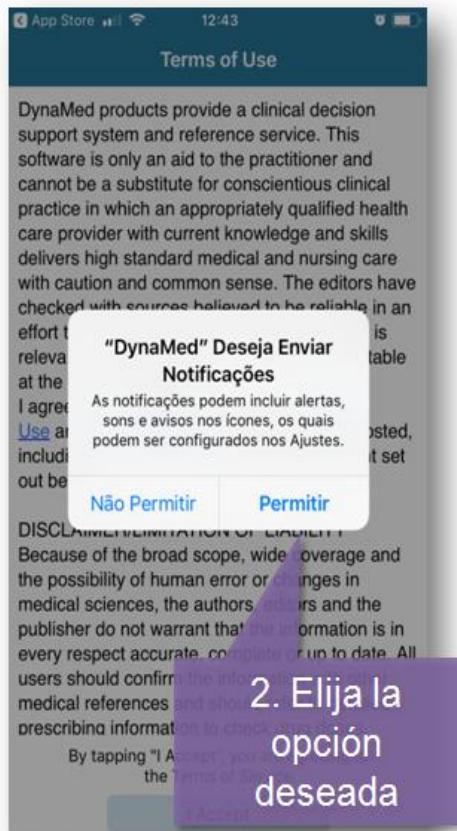
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1. Download de la app en App Store o Play Store



2. Elija la opción deseada



3. Y acepte los términos y condiciones



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Elija la forma de autenticación



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Conectarse al Wi-Fi institucional

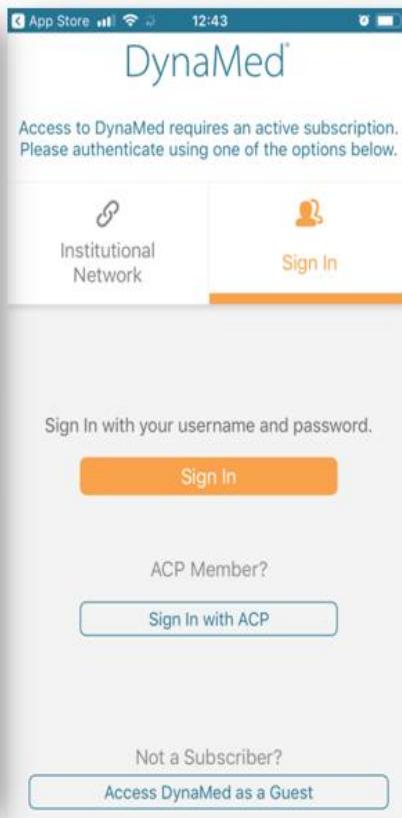
Entrar con sus credenciales

Authenticate

NOTE: Network authentication must be enabled by your Institution.

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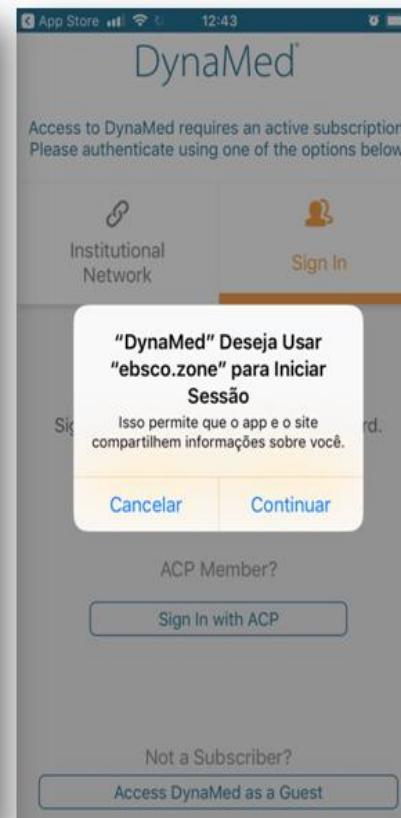
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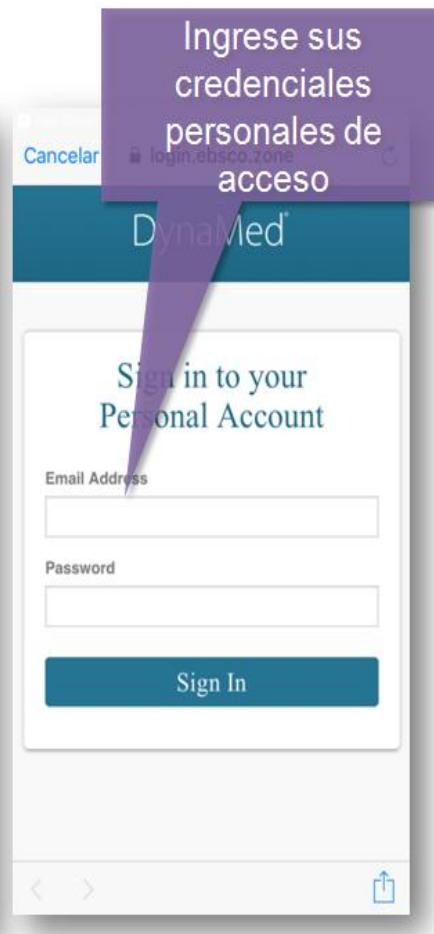
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Cancel

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You can change this in user settings at  
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Must have internet connection to  
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599,8 MB

Store text and thumbnails on your device. Full  
images available when connected to the  
internet.

### Full Install

758,9 MB

Store all content on your device.

Continue

- ✓ Permite elegir como instalar la aplicación, dependerá en cada usuario de la capacidad que tenga su teléfono o tableta.
- ✓ La opción Full Install permite tener acceso a todo el contenido, sin estar conectado a Internet.

Más información en:

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Tutorial

**MUCHAS GRACIAS!!!**