

Dynamic Health™

Apoyo y capacitación basados en evidencia para enfermeras y profesionales de la salud

<https://bibliotecahuca.com>

Responsable Biblioteca Área Sanitaria IV. HUCA

Carolina Pinín Osorio

Celia Macías Caneda. Biblioteca HUCA

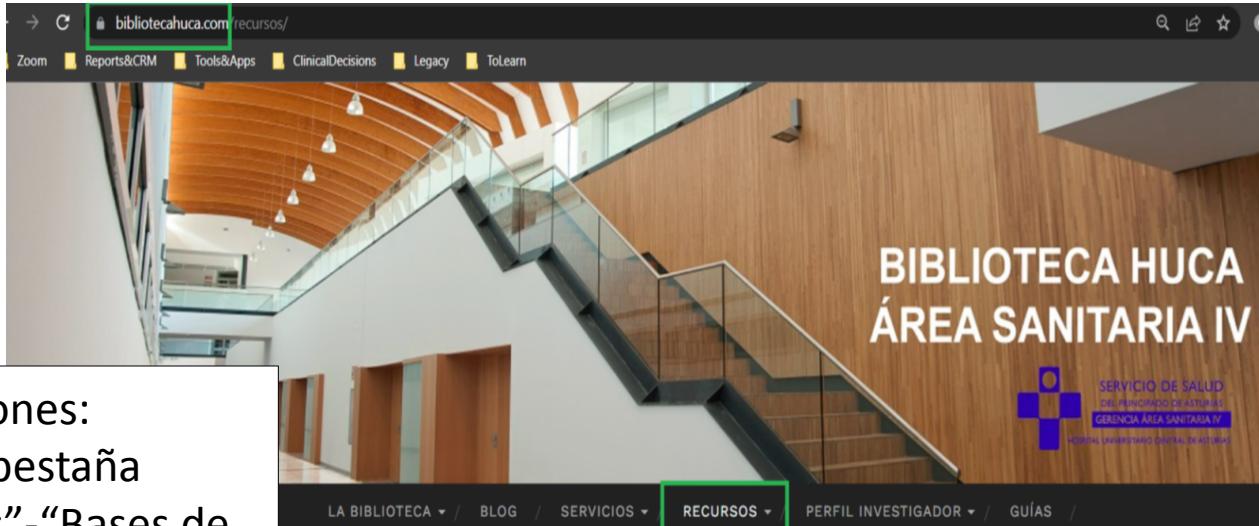
22/12/2023



Acceso a Dynamic Health desde la página de la Biblioteca

<https://bibliotecahuca.com>

A



Hay dos opciones:

- A) Desde la pestaña “Recursos”-“Bases de Datos y Recursos Electrónicos”-“Síntesis de Evidencia”, o
- B) Desde la barra lateral

B

- BASES DE DATOS Y RECURSOS
 - [AccessMedicina](#)
 - [Buscador Ovid](#)
 - [Catálogo de Revistas de la Biblioteca](#)
 - [CINAHL Complete](#)
 - [ClinicalKey](#)
 - [Cuiden Plus](#)
 - [DynaMed](#)
 - [DynamicHealth](#)
 - [Embase](#)
 - [Enferteca](#)



¿Qué es *Dynamic Health*?

Recurso con información completa de enfermería y salud basada en la evidencia.

Diseñado para proporcionar información clínica aplicable en el contexto correcto del flujo de trabajo.

Enfocado en mejorar el aprendizaje, desarrollo y la toma de decisiones en el punto de atención.

¿Por qué *Dynamic Health*?

- Contenido basado en evidencia escrito por expertos: depurado, actual y conciso.
 - Utiliza *CINAHL*, *Mosby*, *Lippincott Williams & Wilkins*, *American Nursing Association*, *American Nurses Credentialing Center* y cientos de otros recursos.
- *Dynamic Health* proporciona el "tiempo de respuesta" más rápido para obtener información sobre habilidades.
- La información correcta para el pensamiento crítico y la acción.
- Imágenes, videos y contenido de medicamentos, seleccionados y creados para abordar las necesidades del personal que no dispone de mucho tiempo.

Dynamic Health en un vistazo



Temas de enfermedades & condiciones



Temas de signos y síntomas



Temas de pruebas de laboratorio



Intervenciones de cuidados



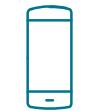
Listas de verificación de habilidades y competencias



Monografías de medicamentos



Vídeos & Imágenes



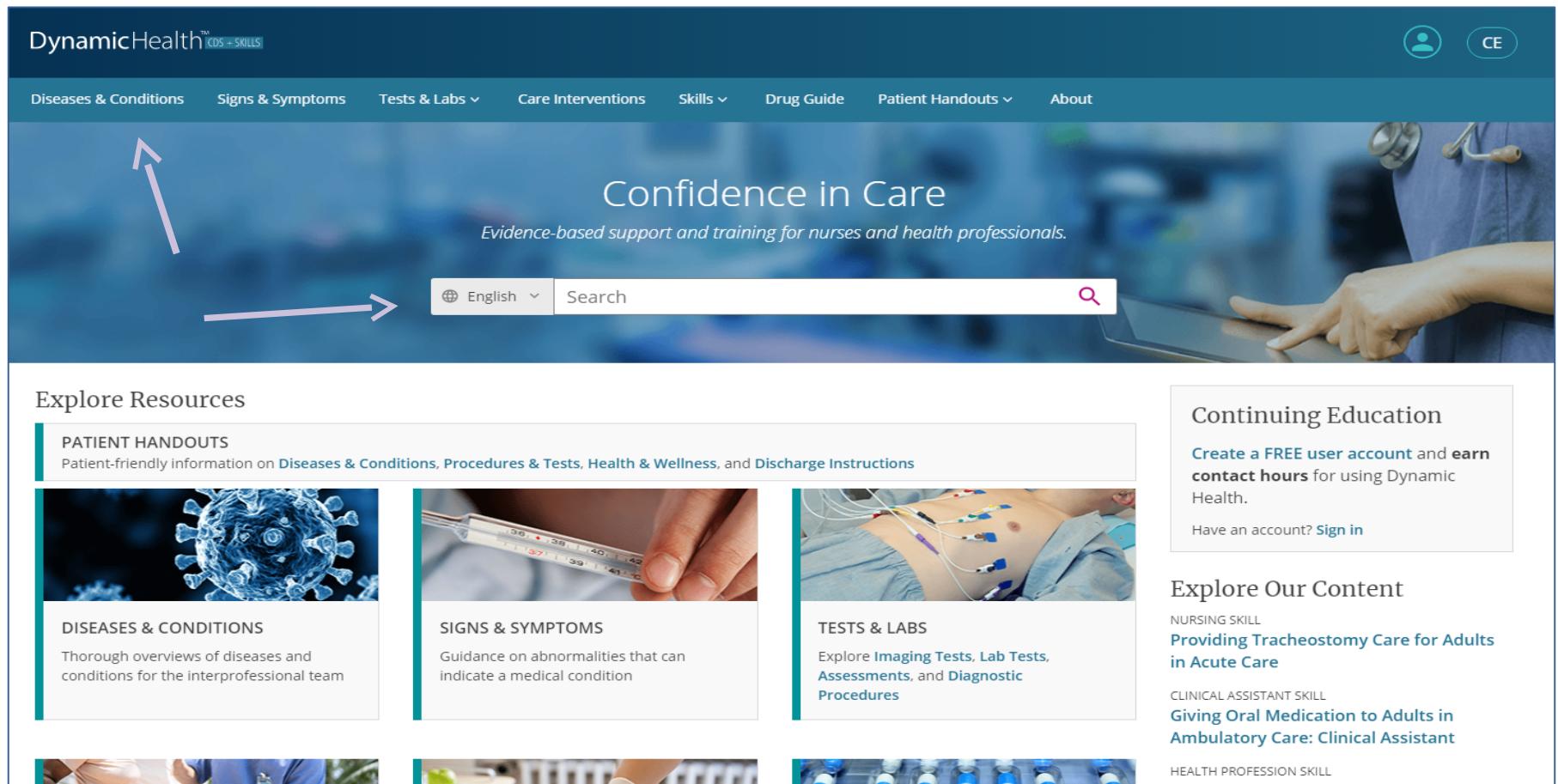
App para dispositivos móviles



Módulos de EC

Página principal:

Búsqueda por enfermedades y condiciones en lenguaje natural en español o en inglés



DynamicHealth™ CDS + SKILLS

Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts About

Confidence in Care

Evidence-based support and training for nurses and health professionals.

English Search

PATIENT HANDOUTS

Patient-friendly information on Diseases & Conditions, Procedures & Tests, Health & Wellness, and Discharge Instructions

DISEASES & CONDITIONS

Thorough overviews of diseases and conditions for the interprofessional team

SIGNS & SYMPTOMS

Guidance on abnormalities that can indicate a medical condition

TESTS & LABS

Explore Imaging Tests, Lab Tests, Assessments, and Diagnostic Procedures

Continuing Education

Create a FREE user account and earn contact hours for using Dynamic Health.

Have an account? [Sign in](#)

Explore Our Content

NURSING SKILL

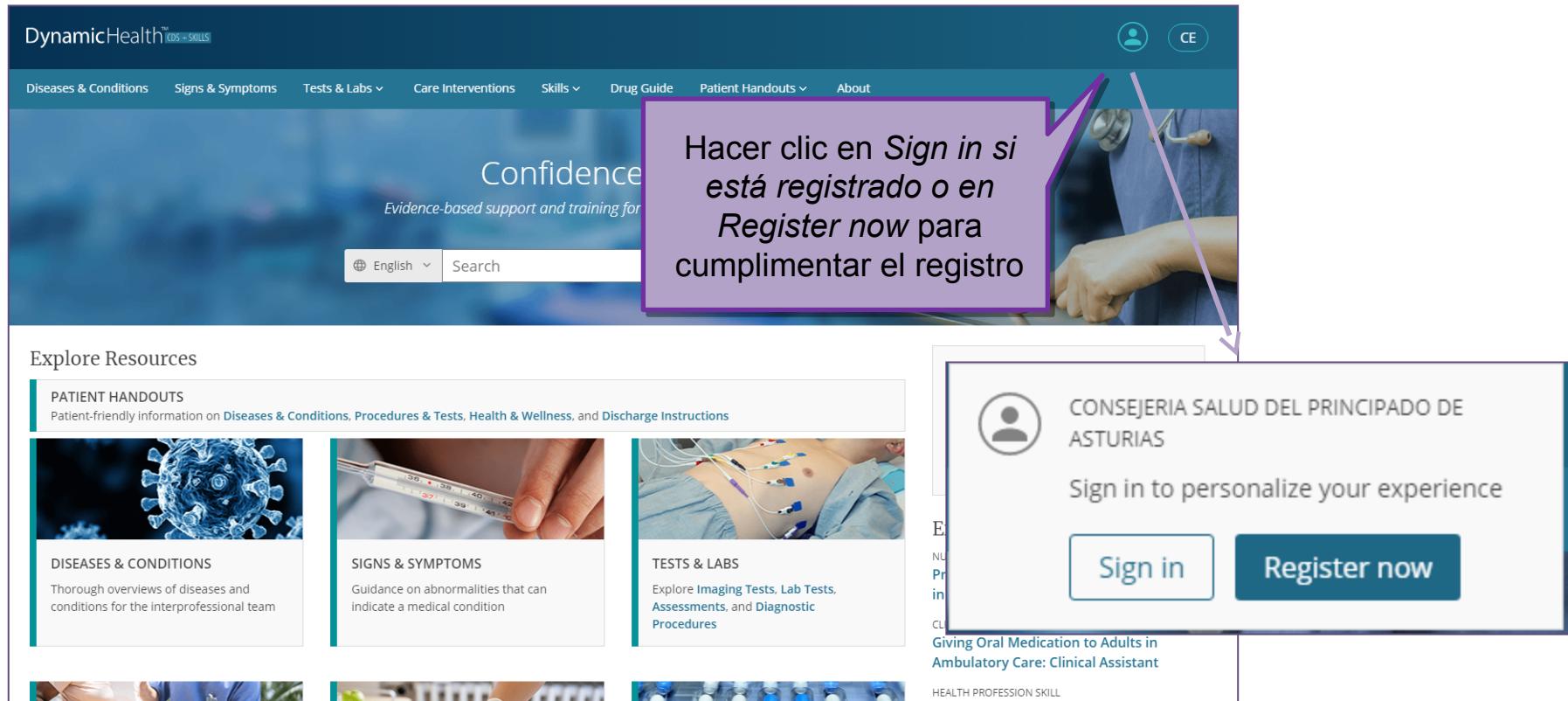
[Providing Tracheostomy Care for Adults in Acute Care](#)

CLINICAL ASSISTANT SKILL

[Giving Oral Medication to Adults in Ambulatory Care: Clinical Assistant](#)

HEALTH PROFESSION SKILL

Crear una cuenta



DynamicHealth™ KOS + SKILLS

Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts About

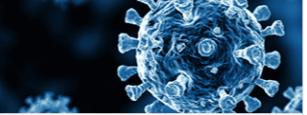
Confidence
Evidence-based support and training for

English Search

Hacer clic en *Sign in* si
está registrado o en
Register now para
cumplimentar el registro

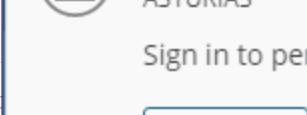
Explore Resources

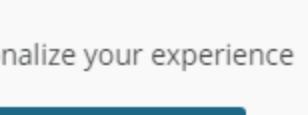
PATIENT HANDOUTS Patient-friendly information on Diseases & Conditions, Procedures & Tests, Health & Wellness, and Discharge Instructions

 DISEASES & CONDITIONS Thorough overviews of diseases and conditions for the interprofessional team

 SIGNS & SYMPTOMS Guidance on abnormalities that can indicate a medical condition

 TESTS & LABS Explore Imaging Tests, Lab Tests, Assessments, and Diagnostic Procedures

 CONSEJERIA SALUD DEL PRINCIPADO DE ASTURIAS Sign in to personalize your experience

 Sign in Register now

Giving Oral Medication to Adults in Ambulatory Care: Clinical Assistant

HEALTH PROFESSION SKILL

DynamicHealth™

Cumplimentar
con sus datos y
hacer clic en
Register

Register for a Personal Account

Already have a personal account? [Sign in now](#)

Signing up here will affiliate your account with **CONSEJERIA SALUD DEL PRINCIPADO DE ASTURIAS** and give you access to their subscribed content.

Email Address

Password 

[Show Password](#)

Your Information

First Name

Last Name

Specialty

Role

Please read and agree to our [Terms of Use](#)

I have read and agreed to all provisions outlined in the Terms of Use.

Register

Búsquedas

DynamicHealth™ CDS + SKILLS

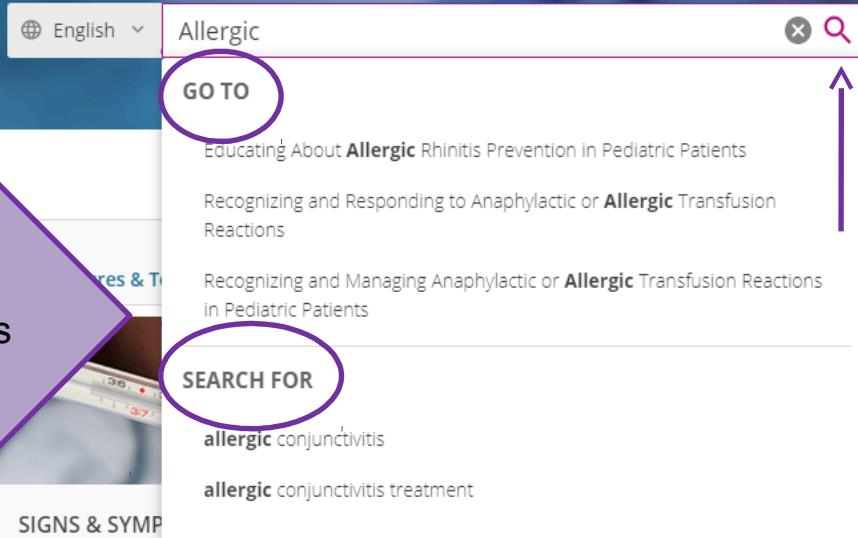


CE

Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts About

Confidence in Care

Evidence-based support and training for nurses and health professionals.



English × GO TO SEARCH FOR

Allergic

Educating About Allergic Rhinitis Prevention in Pediatric Patients

Recognizing and Responding to Anaphylactic or Allergic Transfusion Reactions

Recognizing and Managing Anaphylactic or Allergic Transfusion Reactions in Pediatric Patients

allergic conjunctivitis

allergic conjunctivitis treatment



Continuing Education

Create a **FREE user account** and earn **contact hours** for using Dynamic Health.

Have an account? [Sign in](#)

Explore Our Content

NURSING SKILL
Providing Tracheostomy Care for Adults in Acute Care

GO TO: Para ir al tema específico.

SEARCH FOR: Muestra todos los resultados que contengan esos términos.

DISEASES & CONDITIONS

Thorough overviews of diseases and conditions for the interprofessional team

SIGNS & SYMPTOMS

Guidance on abnormalities that can indicate a medical condition

Explore **Imaging Tests, Lab Tests, Assessments, and Diagnostic**



SHOWING: allergic conjunctivitis

Were these results helpful?

MAIN (17)

Filter Results

CONTENT TYPE

- Care Interventions (3)
- Diseases & Conditions (4)
- Drug Monographs (6)
- Signs & Symptoms (3)
- Skills (1)

PATIENT POPULATION

- Adult (7)
- Pediatric (7)

SPECIALTIES

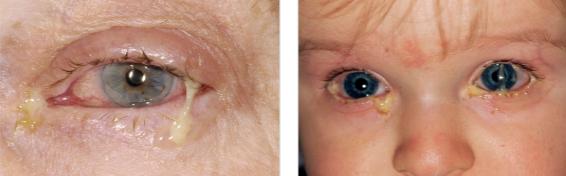
Posibilidad de filtrar los resultados

DISEASE/CONDITION

Infective Conjunctivitis, Adult

Inflammation of the co

Imágenes



DISEASE/CONDITION

Infectious Conjunctivitis

Inflammation of the co

NURSING SKILL

Applying Cold Eye

Covering with a moist cool dressing

SIGN/SYMPTOM

Eye Discharge, Adult

Secretion of any substance other than tears from the eye

SIGN/SYMPTOM

Eye Discharge, Pediatric

Secretion of any substance other than tears from the eye

Description

Red Flags

Incidence/Prevalence

Etiology/Pathophysiology

Risk Factors

Prevention

Signs/Symptoms

Potential Complications

Diagnosis

Treatment Considerations

References

Enfermedades y condiciones

DynamicHealth™
CDS + SKILLS



English



allergic conjunctivitis

Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts About

Diseases & Conditions

Thorough overviews of diseases and conditions for the interprofessional team

Revisões detalladas de
enfermedades

conjunctivitis

Show: All Diseases & Conditions

Pediatric
Adult

Infectious **Conjunctivitis**, Infant to Adolescent

Infectious **Conjunctivitis**, Newborn

Infective **Conjunctivitis**, Adult

Signos y síntomas

DynamicHealth™ CDS + SKILLS



CE

English

Search



Diseases & Conditions

Signs & Symptoms

Tests & Labs

Care Interventions

Skills

Drug Guide

Patient Handouts

About

Signs & Symptoms

Guidance on abnormalities that can indicate a medical condition

CIRCULATORY SYSTEM

DIGESTIVE SYSTEM

ENDOCRINE SYSTEM

INTEGUMENTARY EXCRETORY SYSTEM

LYMPHATIC IMMUNE SYSTEM

MUSCULOSKELETAL SYSTEM

NERVOUS SYSTEM

RENAL URINARY SYSTEM

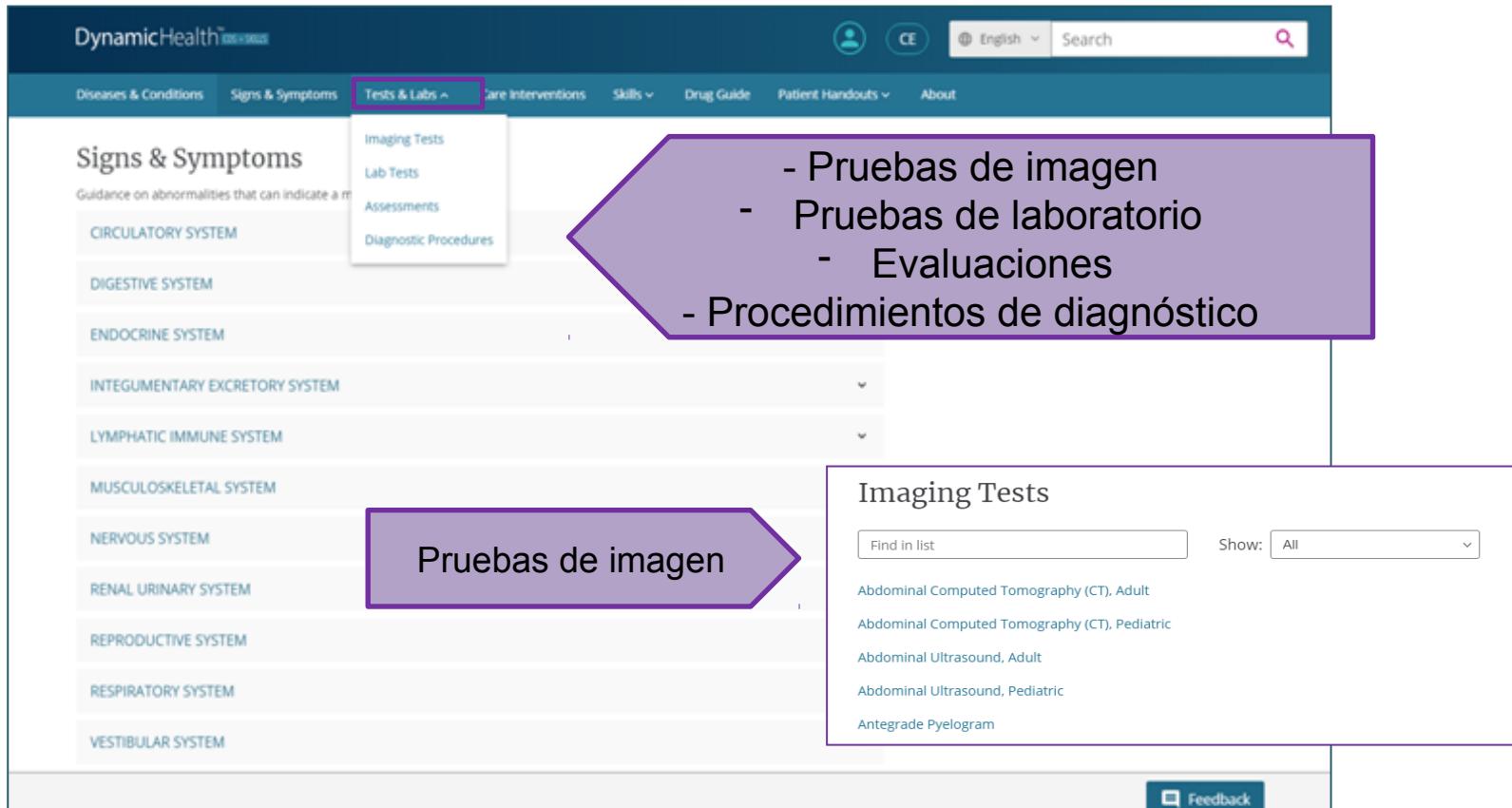
REPRODUCTIVE SYSTEM

RESPIRATORY SYSTEM

VESTIBULAR SYSTEM

Orientación sobre signos y
síntomas

Pruebas y laboratorio



DynamicHealth™

Diseases & Conditions Signs & Symptoms **Tests & Labs** Care Interventions Skills Drug Guide Patient Handouts About

Signs & Symptoms
Guidance on abnormalities that can indicate a medical condition

Tests & Labs

- Imaging Tests
- Lab Tests
- Assessments
- Diagnostic Procedures

Pruebas de imagen

- Pruebas de imagen
- Pruebas de laboratorio
- Evaluaciones
- Procedimientos de diagnóstico

Pruebas de imagen

Imaging Tests

Find in list Show: All

- Abdominal Computed Tomography (CT), Adult
- Abdominal Computed Tomography (CT), Pediatric
- Abdominal Ultrasound, Adult
- Abdominal Ultrasound, Pediatric
- Antegrade Pyelogram

Feedback

Intervenciones de atención

DynamicHealth™ CDS + SKILLS



CE

English

Search



Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts About

Care Interventions

Guides to treatments and actions to be performed on behalf of patients

Guías de tratamientos y
acciones a realizar por parte
de los pacientes

Cardiovascular Medicine

Neonatal Intensive Care

Dermatology

Nephrology

Pulmonology and Critical Care

Emergency and Trauma Medicine

Neurology and Neurosurgery

Rheumatology

Endocrinology

Obstetrics

Surgery and Perioperative Care

Gastroenterology

Ophthalmology

Urology

Gynecology

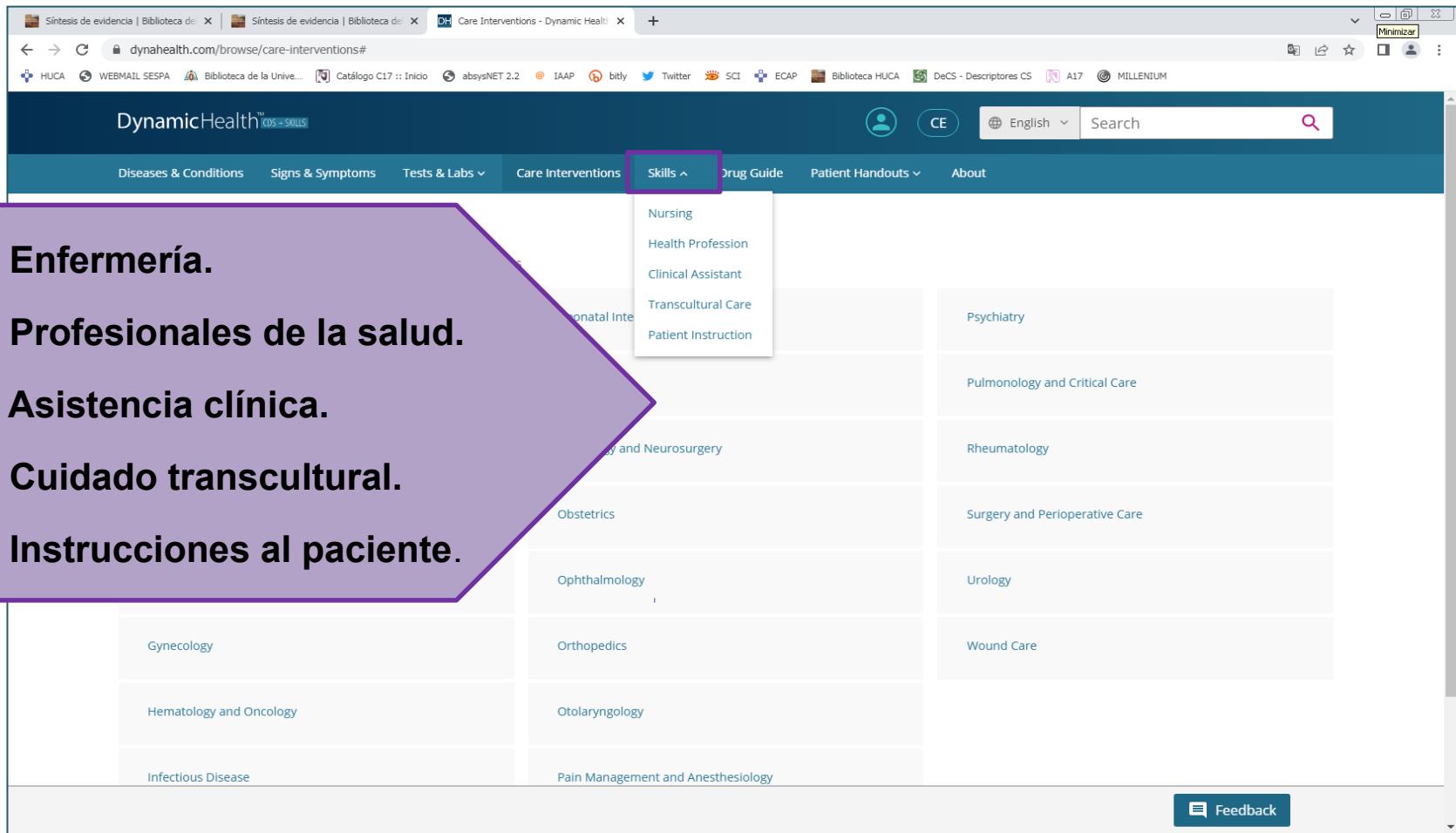
Orthopedics

Wound Care

Hematology and Oncology

Otolaryngology

Habilidades



The screenshot shows the DynamicHealth website interface. The 'Skills' menu is open, displaying a list of professional competencies: Nursing, Health Profession, Clinical Assistant, Transcultural Care, and Patient Instruction. A purple callout box on the left side of the screen highlights the following five skills:

- 1. Enfermería.
- 2. Profesionales de la salud.
- 3. Asistencia clínica.
- 4. Cuidado transcultural.
- 5. Instrucciones al paciente.

The website interface includes a navigation bar with links to Diseases & Conditions, Signs & Symptoms, Tests & Labs, Care Interventions, Skills, Drug Guide, Patient Handouts, and About. The 'Skills' link is highlighted with a purple box. The main content area displays various medical specialties and their sub-fields, such as Gynecology, Orthopedics, Hematology and Oncology, Otolaryngology, Infectious Disease, Pain Management and Anesthesiology, Psychiatry, Pulmonology and Critical Care, Rheumatology, Surgery and Perioperative Care, Urology, and Wound Care.

Habilidades

DynamicHealth™ CDS + SKILLS



English

Search



Diseases & Conditions

Signs & Symptoms

Tests & Labs

Care Interventions

Skills

Drug Guide

Patient Handouts

Leadership

Nursing Skills

-  Specialties
-  Basic Nursing Skills
-  Drains, Tubes and Devices
-  Assessment and Diagnostic Skills
-  Interventions
-  Safety

1. Capacidades de Enfermería:

- Especialidades.
- Capacidades básicas.
- Drenajes, tubos y otros dispositivos.
- Habilidades de evaluación y diagnóstico.
- Intervenciones: transfusiones, nutrición, dolor...
- Seguridad: prevención, del suicidio, seguridad del paciente, en el lugar de trabajo...

Habilidades

Diseases & Conditions Signs & Symptoms Tests & Labs ▾ Care Interventions Skills ▾ Drug Guide Patient Handouts ▾ Leadership

Health Profession Skills

Nutritional Therapy

Occupational Therapy

➤ Physical Therapy

➤ Respiratory Therapy

Social Work

Speech Therapy

2. Profesionales de la salud:

- Terapia nutricional.
- Terapia ocupacional.
- Rehabilitación.
- Terapia respiratoria.
- Trabajo Social.
- Logopedia.

Habilidades

Diseases & Conditions Signs & Symptoms Tests & Labs ▾ Care Interventions Skills ▾ Drug Guide Patient Handouts ▾ Leadership

Clinical Assistant Skills

Infection Control

Medications

Patient Assessment And Testing

Patient Instruction

Procedures

3. Asistencia clínica:

- Control de infecciones.
- Medicamentos.
- Evaluación y pruebas del paciente.
- Instrucciones al paciente.
- Procedimientos.

Habilidades

Diseases & Conditions Signs & Symptoms Tests & Labs ▾ Care Interventions Skills ▾ Drug Guide Patient Handouts ▾ Leadership

Transcultural Care Skills

American Indian and Alaska Native

Amish

Appalachian

Asian American

Black American

Cambodian

Catholic

Chinese

Cuban

Filipino

Haitian

Hindu

Hmong

Indian

Islamic

Japanese

Jewish

4. Conocimiento sobre otras culturas:

- Educación y atención cultural sobre aspectos de carácter sensible: embarazo, parto, salud mental, final de la vida...

Habilidades

Diseases & Conditions Signs & Symptoms Tests & Labs Care Interventions Skills Drug Guide Patient Handouts Leadership

Patient Instruction Skills

Basic Nursing Skills

Drains, Tubes and Devices

Assessment and Diagnostic Skills

Specialties

Safety

Interventions

5. Educación e instrucciones al paciente:

- Habilidades básicas.
- Drenajes, tubos y otros dispositivos.
- Habilidades de evaluación y diagnóstico.
- Especialidades: adicciones, cuidado ambulatorio...
- Seguridad: lactancia materna, uso de antibióticos...
- Intervenciones: educación y formación al paciente.

Guías de medicamentos desarrolladas por *Davis's Drug Guide for Nurses*

DynamicHealth™ CDS + SKILLS



CE

English

Search



Diseases & Conditions

Signs & Symptoms

Tests & Labs

Care Interventions

Skills

Drug Guide

Patient Handouts

About

Drug Guide

Powered by *Davis's Drug Guide for Nurses*, from F.A. Davis Company



A

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V

W

Y

Z

Find in 'A' list

a

abacavir

abacavir/dolutegravir/lamivudine

abaloparatide

abatacept

abemaciclib

abiraterone

abobotulinumtoxinA

acai

acalabrutinib

acamprosate calcium

acarbose

acebutolol

acetaminophen

DRUG MONOGRAPH

☒ abemaciclib (a-bem-a-sye-klib)



Sonido

Verzenio

CLASSIFICATIONS: Therapeutic: antineoplastics Pharmacologic: kinase inhibitors

CONTENT

Route/Dosage

- Availability
- Indications
- Contraindications/Precautions
- Adverse Reactions/Side Effects
- Interactions
- Assessment
- Implementation
- Patient/Family Teaching
- Evaluation/Desired Outcomes
- Potential Nursing Diagnoses
- Action
- Pharmacokinetics

Route/Dosage

PO (Adults): With fulvestrant or an aromatase inhibitor—150 mg twice daily; continue until disease progression or unacceptable toxicity. **As monotherapy**—200 mg twice daily; continue until disease progression or unacceptable toxicity. **Concurrent use of strong CYP3A inhibitor (other than ketoconazole)**—100 mg twice daily (with fulvestrant or as monotherapy); if dose already at 100 mg twice daily due to adverse reactions, ↓ dose to 50 mg twice daily; continue until disease progression or unacceptable toxicity.

Hepatic Impairment

PO (Adults): Severe hepatic impairment (Child-Pugh C)—With fulvestrant: 150 mg once daily; continue until disease progression or unacceptable toxicity. **As monotherapy**—200 mg once daily; continue until disease progression or unacceptable toxicity. **Concurrent use of strong CYP3A inhibitor (other than ketoconazole)**—100 mg once daily (with fulvestrant or as monotherapy); if dose already at 100 mg once daily due to adverse reactions, ↓ dose to 50 mg once daily; continue until disease progression or unacceptable toxicity.

Availability

Key

CAN = Canadian Drug Name

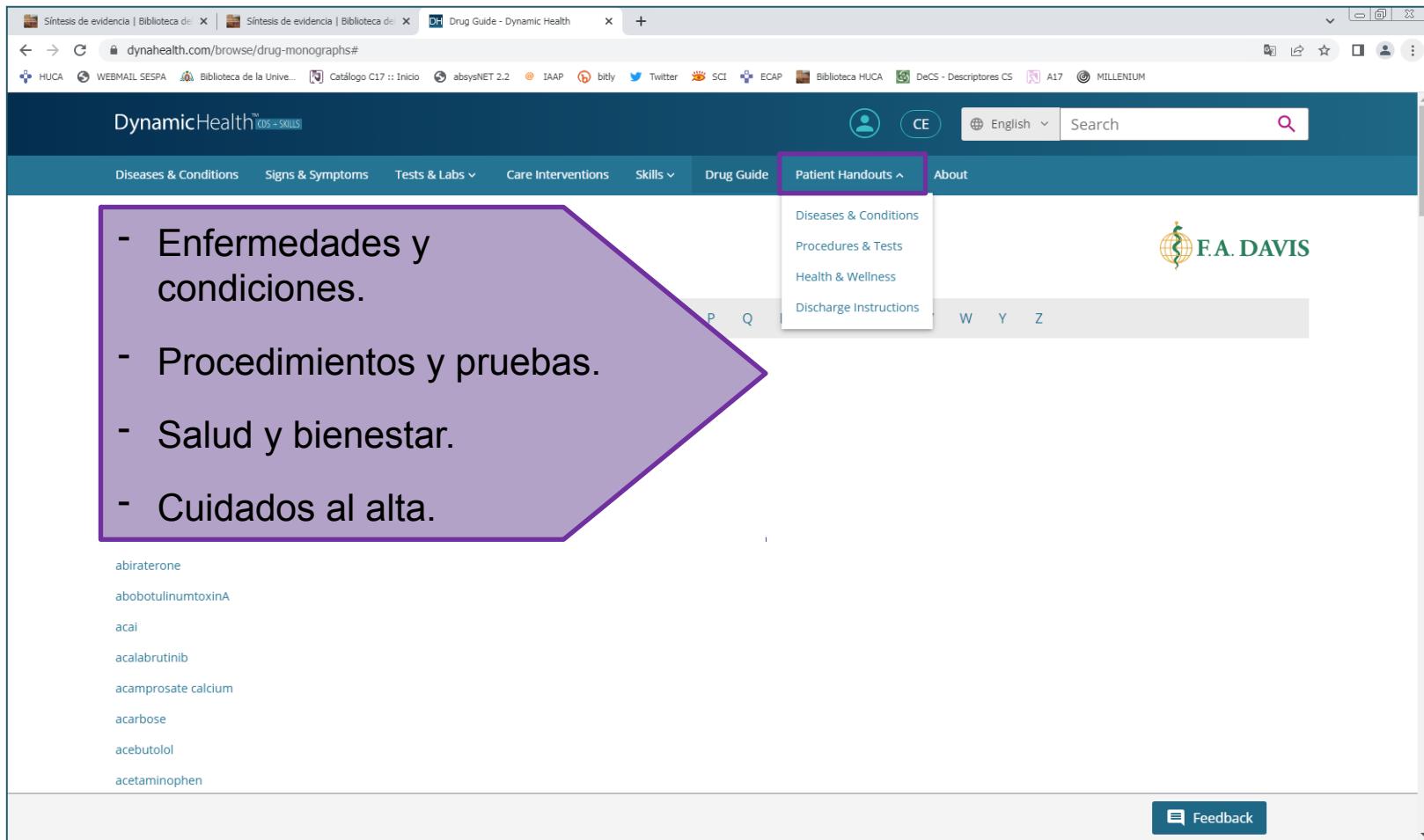
☒ = Genetic Implication

Strikethrough = Discontinued

CAPITALS = Life-Threatening

Highlighted = Most Frequent

Folletos para pacientes



The screenshot shows a web browser with multiple tabs open. The active tab is 'dynahealth.com/browse/drug-monographs#'. The page content is from the 'Drug Guide' section of the DynamicHealth website. A purple callout box highlights the 'Patient Handouts' tab, which is currently selected. The callout box contains the following text:

- Enfermedades y condiciones.
- Procedimientos y pruebas.
- Salud y bienestar.
- Cuidados al alta.

Below the callout box, a list of medical terms is visible, including: abiraterone, abobotulinumtoxinA, acai, acalabrutinib, acamprosate calcium, acarbose, acebutolol, and acetaminophen. The page also features a navigation bar with tabs for Diseases & Conditions, Signs & Symptoms, Tests & Labs, Care Interventions, Skills, Drug Guide, Patient Handouts (which is highlighted), and About. The 'Drug Guide' tab is also highlighted. A sidebar on the right lists 'Diseases & Conditions', 'Procedures & Tests', 'Health & Wellness', and 'Discharge Instructions'. The footer includes a 'Feedback' button.

Liderazgo

Diseases & Conditions Signs & Symptoms Tests & Labs ▾ Care Interventions Skills ▾ Drug Guide Patient Handouts ▾ Leadership

Leadership

Explore leadership and management topics related to leader development, human resources, professional development, case management and more.

CASE MANAGEMENT

LEADERSHIP DEVELOPMENT

PROFESSIONAL DEVELOPMENT AND EDUCATION

FINANCE AND BUDGET

NATIONAL PATIENT SAFETY GOALS

QUALITY, COMPLIANCE, AND PATIENT SATISFACTION

HEALTHCARE COSTS

PRECEPTORSHIP

STAFFING AND SCHEDULING

HUMAN RESOURCES

PROCESS, THEORY, AND MODELS OF CARE

WORKPLACE

Temas de liderazgo y gestión relacionados con el desarrollo de líderes, recursos humanos, desarrollo profesional, gestión de casos...etc.

BIBLIOTECA HUCA

ÁREA SANITARIA IV



SERVICIO DE SALUD
DEL PRINCIPADO DE ASTURIAS
GERENCIA ÁREA SANITARIA IV
HOSPITAL UNIVERSITARIO CENTRAL DE ASTURIAS

P ZZNAVIDAD ZZNAVIDAD, ZZNAVIDAD - 3037825 Abierto por Prueba, Enfermera

Tarea Editar Ver Paciente Historia clínica Enlaces Notificaciones Navegación Ayuda

Lista de Pacientes Parte de Pacientes Intervenciones Multi Pacientes Centro de Mensajes Agenda Asignación de personal Agenda Ambulatoria Seguimiento de las altas Maternidad CareCompass

Nueva nota adhesiva Ver notas adhesivas Quitar Cambiar Cargos Entrada de cargos Cerrar Calculadora Documentación en formularios Conversación PM Comunicar

iGestLab Radiología (EOS) Portal Clínico ECGs Diagnósticos Millennium (EOS)

Recordatorio sobre accesos a la historia clínica Educación Paciente Dynamic Health

ZZNAVIDAD ZZNAVIDAD, ZZNAVIDAD

ZZNAVIDAD ZZNAVIDAD, ZZNAVIDAD

ALERGIAS: amoxicilina, compuestos con yodo,... F Nac:26/05/82
RCP: Edad:40 Año(s)
Peso:130 kg

NHC:3037825
Nº Epis:2014209741

Sexo:Mujer
.Confidencialidad HC
.Paciente con marcas
Covid 19:Ag rápido Positivo 16/08/2022 08:52 |Ag rápido Positivo 16/08/2022 08:48 **Ver h...

Acceso a Dynamic Health a través de Millenium.

Menú

Agenda de cuidados

Resumen

Gráfica

Resultados

Alergias + Ag

Diagnósticos y Problemas

Diagnósticos y procedimientos

Indicaciones + Ag

Registro medicación

Resumen Medicación

Vista Interactiva

Formularios Documentados

Informes Clínicos

Documentación dinámica

Programación del paciente

Información del Paciente

Informe Digitalización

Resumen

Resumen episodio actual

Anesthesia Records (2)

Todas las visitas

Procedimiento Cirujano(s) Estado de caso
0 CCA Prueba, 11/11/202 Suspendido
Cirugía Medico 1 18:12 0
compleja CAR
de aorta
ascendente

CGD BARRIALE 07/11/201 Finalizado
Anastomosis 5 04:40
i.delgado ALVAREZ,
a VICENTE
i.grueso*

Información Paciente

Medidas y pesos (1)

Balance hídrico

Signos Vitales +

Visita seleccionada

	Hoy en	Anterior en
Temperatura	--	37 -- 3 sem.

Oxigenoterapia y ventilación

Visita seleccionada

- Configuración (0)
- Mediciones y evaluaciones (0)
- Resultados de gasometría arterial (0)
- Resultados de gasometría venosa (0)

Nueva indicación +

Hospitalización (indicaciones)

Hospitalización (recetas al alta)

Buscar indicación nueva

Favoritos Publicos Personales

Favoritos

toñi

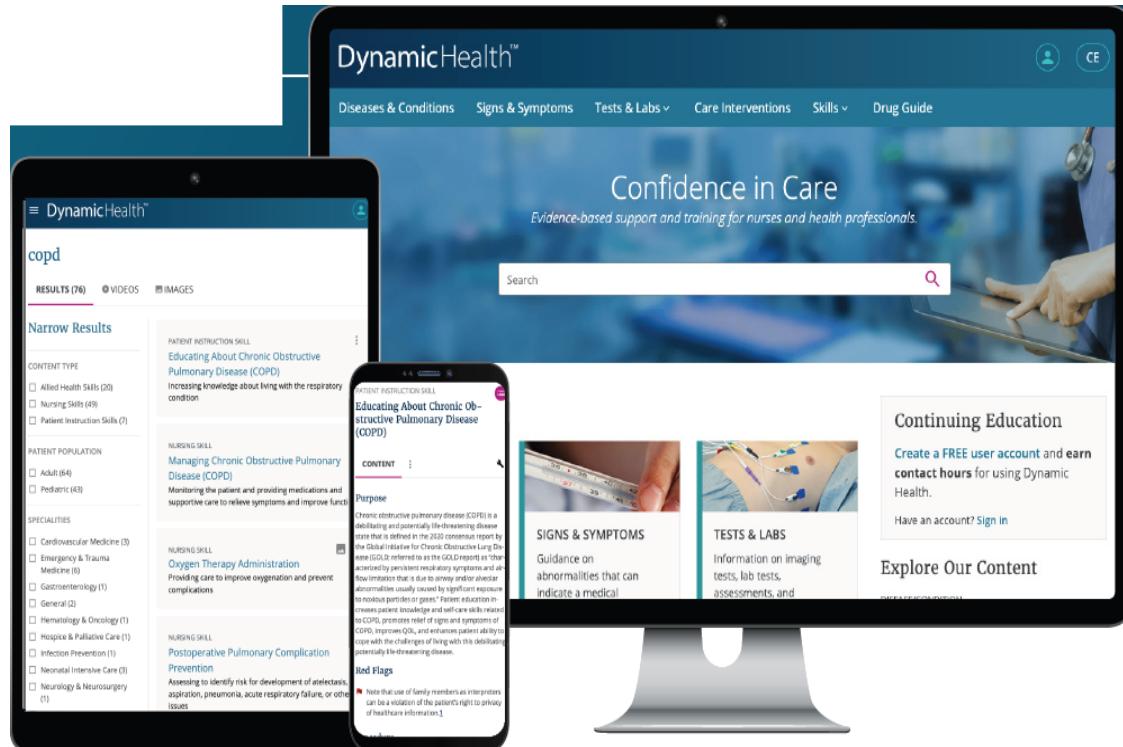
cpre

Favoritos en el consultorio ambulatorios (Misc. 1)

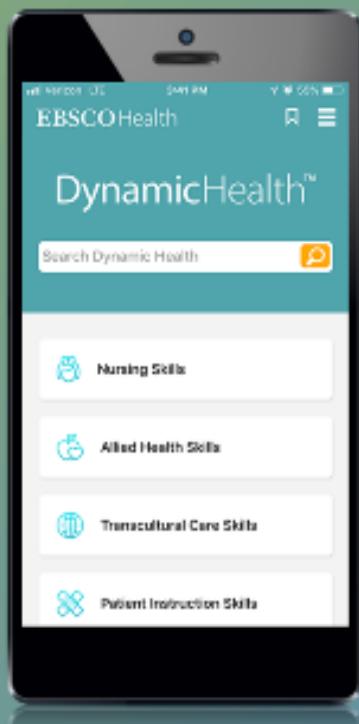
Indicaciones pendientes (49)

¿Cómo descargar la App?

Es necesario tener creada una cuenta

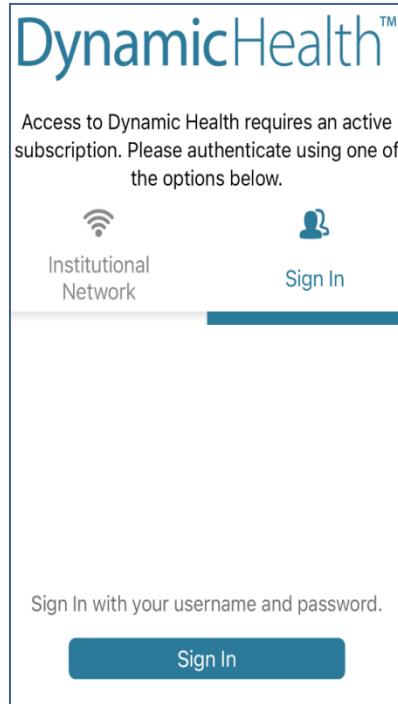


App para los
dispositivos móviles
disponible para iOS y
Android.

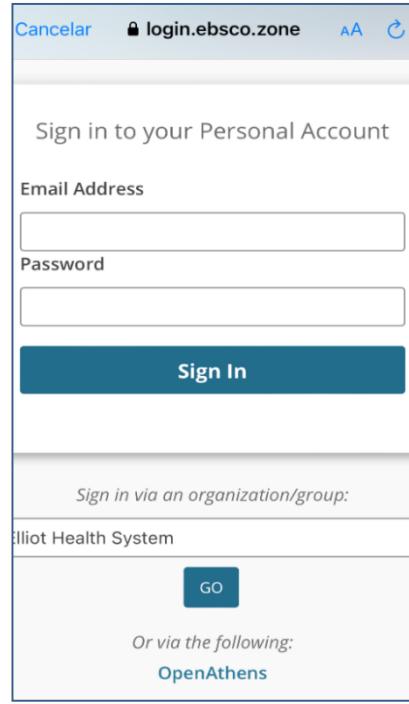


Es posible descargar
la aplicación de
Dynamic Health
desde **App Store** y
Google play.

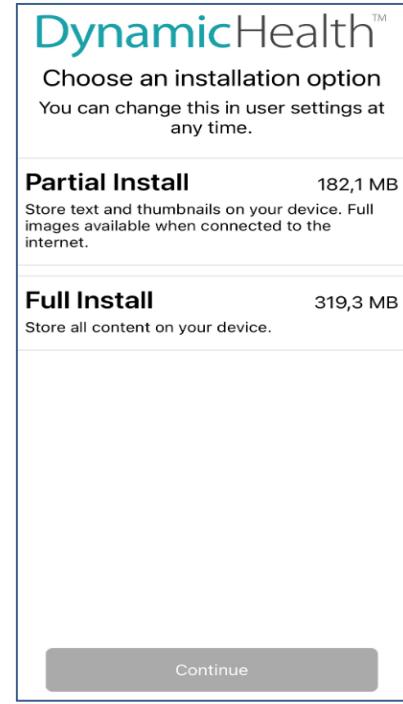
Pasos para descargar la app a dispositivos móviles



Es necesario tener la cuenta creada.

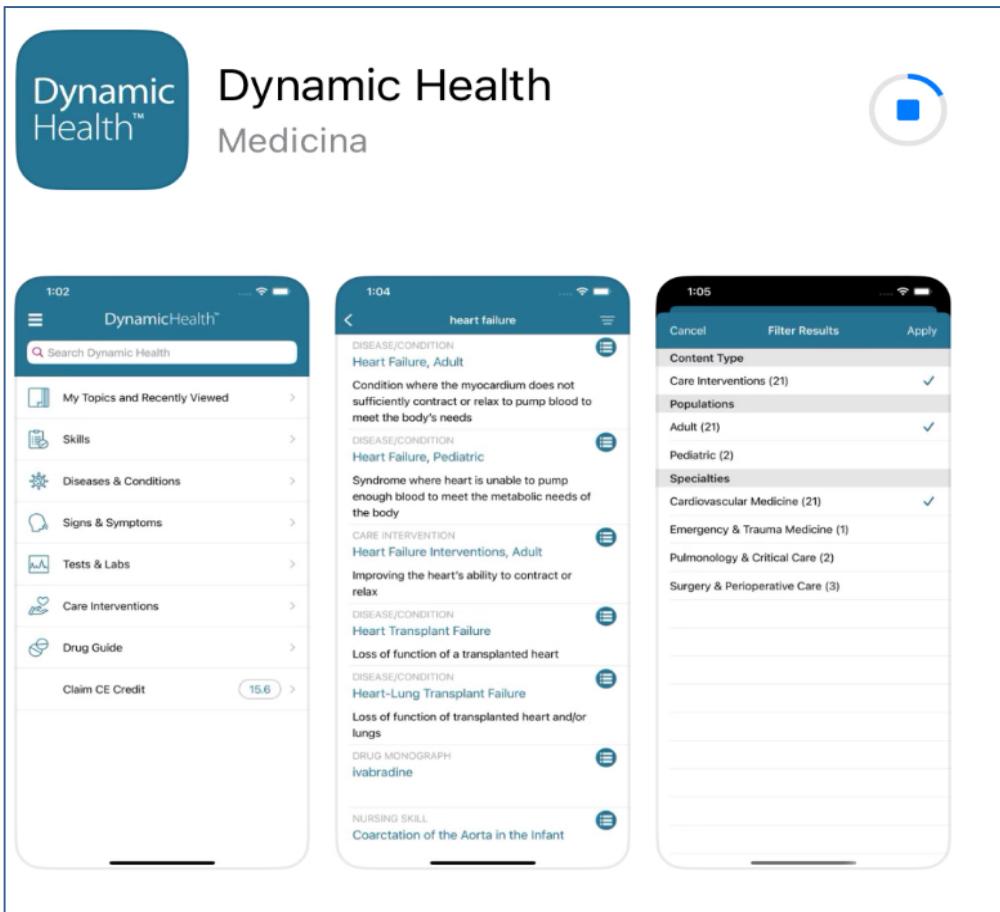


Introducir las credenciales personales de acceso



La opción Full Install permite tener acceso a todo el contenido, sin estar conectado a Internet.

Ejemplos de visualización



Dynamic Health
Medicina

1:02 DynamicHealth™

1:04 heart failure

1:05 Filter Results

PATIENT INSTRUCTION SKILL

Educating About Chronic Obstructive Pulmonary Disease (COPD)

CONTENT

Purpose

Chronic obstructive pulmonary disease (COPD) is a debilitating and potentially life-threatening disease state that is defined in the 2020 consensus report by the Global Initiative for Chronic Obstructive Lung Disease (GOLD; referred to as the GOLD report) as "characterized by persistent respiratory symptoms and airflow limitation that is due to airway and/or alveolar abnormalities usually caused by significant exposure to noxious particles or gases." Patient education increases patient knowledge and self-care skills related to COPD, promotes relief of signs and symptoms of COPD, improves QOL, and enhances patient ability to cope with the challenges of living with this debilitating, potentially life-threatening disease.

Red Flags

■ Note that use of family members as interpreters can be a violation of the patient's right to privacy of healthcare information.¹

Procedure



BIBLIOTECA HUCA ÁREA SANITARIA IV



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DEL PRINCIPIO DE ASTURIAS
GERENCIA ÁREA SANITARIA IV
HOSPITAL UNIVERSITARIO CENTRAL DE ASTURIAS

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Ext. 36397 / 39471

MUCHAS GRACIAS!!!